

Moderation
To lessen the intensity or extremeness

- * Temperance
- * Self-control
- * Self-discipline

“Life without moderation is full-throttle in every direction: You get

Moderation:

- Keeps your testimony valid.
- Gives weight to your words.
- Makes your advice valuable.
- Affirms your purpose.
- Keeps “Christ” in Christian.
- Keeps trials from becoming tragedies.

“This is a faithful saying, and these things I will that thou affirm constantly, that they which have believed in God might be careful to maintain good works. These things are good and profitable unto men.” Titus 3:8

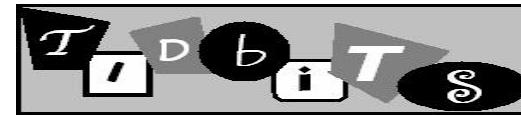
Moderation keeps a lust from becoming a love!

Teaching moderation

Includes:

- *Being polite.*
- *Good manners.*
- *Appropriate responses to authority.*
- *Gentleness*
- *Quietness.*
- *Obedience.*
- *Faithfulness*
- *Attentiveness*
- *Neatness*
- *Thrifty*
- *Being kind.*
- *Patience*

“Let your moderation be known unto all men. The Lord is at hand.” - Phil 4:5



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